Titans Swimming Club

Peninsula Leisure Centre Woy Woy

Short Course Open Meet Saturday 17th September 2022

25m Heated Pool – Automatic Timing

Limited Entries

Warm up 8:00am									
М	F	Dist	Stroke		Age				
1	2	400m	Free	M 5:20.00 F 5:30.00	Open				
3	4	50m	Back		12/under				
5	6	50m	Back		13/over				
7	8	200m	IM		Open				
9	10	100m	Breast		12/under				
11	12	100m	Breast		13/over				
13	14	200m	Back		Open				
15	16	50m	Free		12/under				
17	18	50m	Free		13/over				
19	20	100m	Fly		12/under				
21	22	100m	Fly		13/over				
23	24	100m	IM		Open				

Start: 9:00								
М	F	Dist	Stroke		Age			
25	26	200m	Free		Open			
27	28	50m	Fly		12/under			
29	30	50m	Fly		13/over			
31	32	400m	IM	M 5:57.00 F 6:00.00	Open			
33	34	100m	Back		12/under			
35	36	100m	Back		13/over			
37	38	200m	Fly		Open			
39	40	50m	Breast		12/under			
41	42	50m	Breast		13/over			
43	44	100m	Free		12/under			
45	46	100m	Free		13/over			
47	48	200m	Breast		Open			

CONDITIONS OF ENTRY

- 1. Swimming NSW rules apply. This is a Coast & Valley Area approved meet.
- 2. Age as at 17th September 2022.
- 3. All events will be timed finals.
- 4. Entries must be submitted online only via Swim Central. \$7.00 per individual entry.
- 5. Pool entry is \$5.50 (swimmers and spectators) and will need to be pre-purchase via swim central.
- 6. Medals for 12/under events will be awarded to the first three place getters in age groups 10/under, 11 and 12. Prize money will be awarded to the first three place getters in the 13/O age group. Prize money will be awarded to the first three place getters in the Open event.
- 7. Fitness passport and Central Coast Council Full Squad memberships can be used to enter the facility entry is via the front entry door and will not require a ticket. You must scan your card upon arrival.
- 8. Enquiries: Blinda Francis-Smith email: entries@titansswimmingclub.com.au
- 9. Meet Director reserves the right to combine events if necessary.
- 10. Please note that minimum age in 200m events is 9 years and 400m events is 11 years.
- 11. Entries close Friday 9th September 2022 or when entry/time limit is reached.
- 12. We do try to provide the full number of timekeepers however we may require assistance from visiting clubs on the day. We appreciate the help of clubs who attend.
- 13. Please be advised that there is limited space outside for swimmers and spectators due to airconditioning works being carried out. There is full use of the grandstand.

This meet if for CVSA SWIMMERS ONLY